

Staying in the Circle of Life

Native Cancer Survivors Support Group

Session 6: Family History & Genetics

Pre-Assessment



PARTNERSHIPS
for **NATIVE HEALTH**

Thank you for participating in the Staying in the Circle of Life Native Cancer Survivors Support Group! This assessment is a way for us to find out what we are doing well and if there are areas in which we can improve. We want to provide the best workshops to our partner communities and this is one way to keep us on track. We estimate that it will take 5-10 minutes to complete this assessment.

Do not write your name on the assessment. Your identity will be kept confidential. The data collected will be anonymous, and there will be no identifying information or names used in any written reports that result from this evaluation.

Your participation is voluntary. You may stop participating at any time during the process. Your services will not be affected by your participation or lack of participation.

If you have any questions during the assessment, please feel free to ask the facilitator for help.

Please take a moment to answer the following questions. For each, fill in the bubble next to the response that best describes how you feel.

1. Family health history is a collection of information about diseases and health conditions that run in your family.
 - True
 - False

2. Which of the following statements about family health history is **false**?
 - Relatives are the best source of information about family health history
 - Everyone enjoys sharing their personal health history
 - Accurate family health history can help your healthcare provider plan your care
 - Knowing your family health history can help you learn about your disease risk
 - Sharing what you learn about your family health history can help future generations

3. Your genes are a strong risk factor in determining whether or not you get cancer.
 - True
 - False

4. Which of the following statements about genetics is **true**?
 - If you have a parent with cancer, you will definitely get cancer
 - If you don't have a parent with cancer, you never need to be screened
 - Environmental risk factors have nothing to do with your risk of cancer
 - Your genes are inherited from your parents
 - There is nothing you can do to decrease your risk of getting cancer

5. You may be able to prevent illness by being aware of your family's health history?
 - Yes
 - No

6. I am confident I can collect my family health history from family members.
 - Strongly agree
 - Agree
 - Neutral
 - Disagree
 - Strongly disagree

7. I believe it is important to share my family's health history with future generations (for example – children, grandchildren).
- Strongly agree
 - Agree
 - Neutral
 - Disagree
 - Strongly disagree
8. I am confident I will share family health history with future generations.
- Strongly agree
 - Agree
 - Neutral
 - Disagree
 - Strongly disagree

