

Staying in the Circle of Life

Native Cancer Survivors Support Groups

Session 5: Body Image & Intimacy

Pre-Assessment



PARTNERSHIPS
for **NATIVE HEALTH**

Thank you for participating in the Staying in the Circle of Life Native Cancer Survivors Support Groups! This assessment is a way for us to find out what we are doing well and if there are areas in which we can improve. We want to provide the best workshops to our partner communities and this is one way to keep us on track. We estimate that it will take 5-10 minutes to complete this assessment.

Do not write your name on the assessment. Your identity will be kept confidential. The data collected will be anonymous, and there will be no identifying information or names used in any written reports that result from this evaluation.

Your participation is voluntary. You may stop participating at any time during the process. Your services will not be affected by your participation or lack of participation.

If you have any questions during the assessment, please feel free to ask the facilitator for help.

Please take a moment to answer the following questions. For each, fill in the bubble next to the response that best describes how you feel.

1. Cancer and cancer treatment can lead to changes in:
 - How our bodies look
 - How our bodies function
 - How we feel about our bodies
 - How comfortable we feel in our clothes
 - All of the above

2. The term “intimacy” refers only to romantic relationships
 - True
 - False

3. After cancer treatment, physical changes in your body may include:
 - Weight loss or weight gain
 - Tooth loss
 - Scars
 - Hair loss
 - All of the above

4. Taking care of your skin can help you feel good about your body after cancer treatment.
 - True
 - False

5. Should you speak to your doctor about issues with intimacy?
 - Yes
 - No

6. I feel confident that I can learn to love my body as it is today.
 - Strongly agree
 - Agree
 - Neutral
 - Disagree
 - Strongly disagree

7. I feel confident that I can communicate with my partner about the changes in my body.
 - Strongly agree
 - Agree
 - Neutral
 - Disagree
 - Strongly disagree