



## *Staying in the Circle of Life*

### **Writing Exercise: Expressing Love and Intimate Feelings**

*(Adapted from Native Wellness Intitute, Leading Next Generations- Healthy Relationships Curriculum)*

**For each question, write as much or as little as needed.**

- 1) If you were in love, how would you want the other person to express his or her love for you? How is this different than before your cancer diagnosis?
- 2) What actions or behaviors would make you feel this person really cared for you?
- 3) How would you express love and sexual feelings for the other person without having sex?