



Staying in the Circle of Life

Role Play Doctor Visits

Roles: Patient, Doctor, Caregiver (optional)

Directions: Have participants take turns being the patient, doctor, (and caregiver if they choose). Below are tips and sample questions the “patient” can ask the “doctor”. This is good practice to get comfortable asking questions and advocating for yourself!

Tip 1: Every cancer survivor should **ask for a complete care summary and follow-up plan** from their oncologist once they complete their treatment. Patients should ask their doctor the following questions once cancer treatment ends. The answers can help inform the patient about their care and what to expect next.

Tip 2: Many patients find it helpful to write these questions down and take notes or tape record their discussions with the doctor to refer to at a later time.

Sample Questions:

What treatments and drugs have I been given?

What are the common long-term and late effects of the treatment I received?

How often should I return for a follow-up visits with you (oncologist)?

Which other doctors should I see for my follow-up cancer care?

How often should I have a routine visit with my general practitioner?

What tests will I need when I go for my follow-up visits?

How often will I need these tests?

What screening tests do you recommend, given the treatment I had?

How long will I need to continue to go for screening tests?

What are the chances that my cancer will come back or that I will get another type of cancer?

What symptoms should I watch for?

If I develop any of these symptoms, whom should I call?

What can I do to lower my risk of the cancer coming back?

What should I do to maintain my health and well-being?

Are there support groups I can turn to?